



Attachment 12

On Tuesday, 26 November 2019, 15:09:23 GMT, Redacted wrote:

Hi Redacted

Thanks for letting us know of your exciting plans for the woodlands. Regarding the pathways – our Community Paths team can give support including advice, resources and grants. It'll be worth you contacting the team with your path ideas and discussing how they may be able to support your plans.

Re health walks – there isn't an active Helensburgh walking group at the moment. As you'll see, health walks are volunteer led, risk assessed, low level, sociable, free, accessible walks for all. To set up a group, you'll need to get volunteers trained as Walk Leaders (one day course – see training link below); suitable walking routes risk assessed, then your planned walks promoted. We can provide advice and support to help set up and run a health walking group including training, grants (fund closed for 2019-20) and resources. Please take time to read the links to get an understanding of what's required.

If anyone in your group is currently looking for a health walking group to join, then our online Walking for Health shows all the walks available across Scotland. Walks can be searched for by place or post code, or simply zoom in on the map.

Regards,

Redacted
Development Officer, Walking for Health

Tel: 07540 214 905

Web: www.pathsforall.org.uk

Address: Paths for All, Kintail House, Forthside Way, Stirling, FK8 1QZ